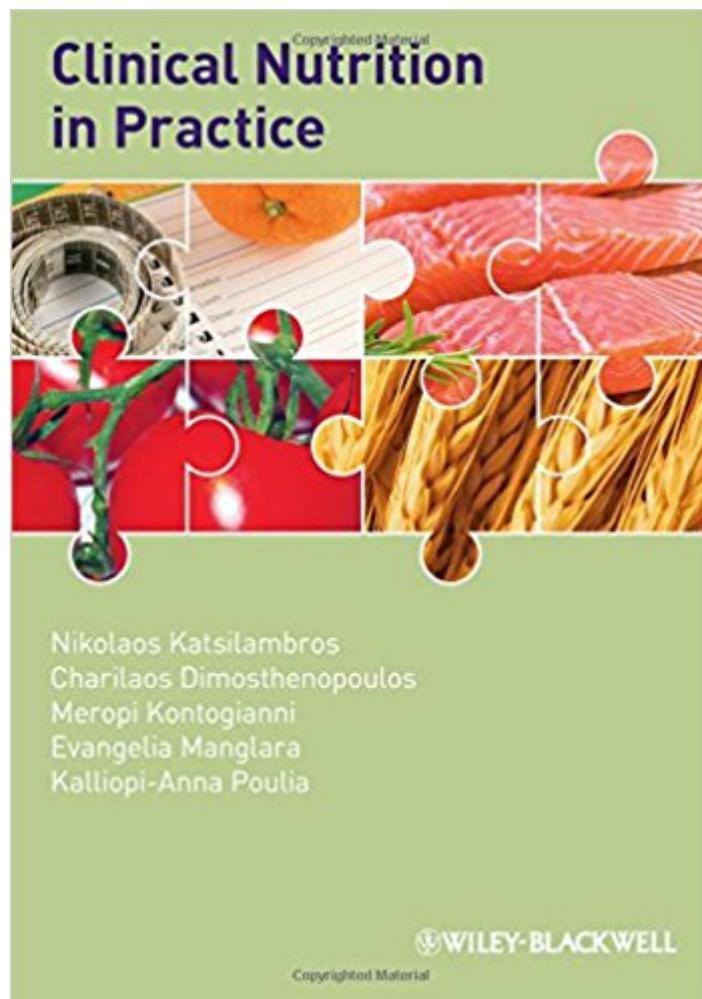


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Clinical Nutrition In Practice



Synopsis

An easy-to-use book with questions on clinical nutrition clearly posed and answers based on real-life studies, this is a ready reference for the busy healthcare professional. Clinical Nutrition in Practice opens with introductory chapters on the basis of healthy nutrition, malnutrition and nutritional assessment. These are followed by chapters addressing the nutritional needs of patients with obesity, diabetes, cardiovascular disease, rheumatoid and neurologic disorders, as well as diseases of various organ systems, such as the GI tract, renal and pulmonary systems. Special attention is given to describing nutrition in cancer patients and those with HIV/AIDS and the book concludes with a discussion of enteral and parenteral nutrition. Nutritionists, dietitians and other health professionals working with patients with impaired nutrition or special nutritional requirements, such as diabetologists, endocrinologists (especially those treating obesity), cardiologists and oncologists will find this a refreshing approach to an important subject. Nurses, medical students and those working in the food industry will also find this a handy guide. Easy-to-follow style with questions clearly posed and answers based on real-life case studies Outlines the basics of healthy nutrition, malnutrition and nutritional assessment Detailed consideration of the nutritional needs of patients with a variety of chronic diseases, e.g. cardiovascular or rheumatoid disorders, cancer and HIV/AIDS Uses an interesting contemporary approach that health professionals will find a refreshing change

Book Information

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âœThis is an excellent clinical guide to nutrition that I recommend to all nurses, midwives, nursing and medical students and dieticians.â•Â (Cancer Nursing Practice, 1 April 2012) "This is an excellent clinical guide to nutrition that I recommend to all nurses, midwives, nursing and medical students and dieticians." (Nursing Standard, 11 January 2012)Â

This easy-to-use book covers all aspects of clinical nutrition in practice, using an accessible question and answer format ideal for the busy healthcare professional. Questions such as 'What is the definition of dietary fibre?' and 'What are the types of enteral nutrition?' are answered with refreshing clarity as the authors move from the basics of human nutrition through to the clinical needs of patients suffering various disease states, including cardiovascular disease, diabetes, neurological disorders and obesity. Special attention is given to nutrition during cancer treatment and those suffering from HIV/AIDS. Nutritionists, dietitians and other health professionals working with patients with impaired nutrition or special nutritional requirements, cardiologists and oncologists will find this a refreshing approach to an important subject. Nurses, medical students and those working in the medical nutrition industry will also find this a handy guide. Easy-to-follow style with questions clearly posed and evidence-based answers. Outlines the basics of health and nutrition before addressing individual disease states. Written by practitioners, for practitioners.

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